

Your Ultimate Long-Distance Moving Checklist (Canada)

Moving across Canada? Use this easy step-by-step checklist to simplify your long-distance move!

PHASE 1: PREPARATION (1 MONTH BEFORE) REPAIRING FOR SALE

Declutter & Organize

- ✔ Keep, Donate, Discard
- ✔ Consider a yard or garage sale

Pack Non-Essentials

- ✔ Seasonal clothes
- ✔ Rarely-used appliances

Label Clearly

- ✔ Contents and destination rooms



Arrange Specialty Items

- ✔ Coordinate with movers for artwork, musical instruments, etc.

Deep Clean Your Home

- ✔ Hire professionals or DIY cleaning

Coordinate Utilities & Services

- ✔ Schedule disconnections/connections

Change Your Address

- ✔ Notify Canada Post, CRA, financial institutions
- ✔ Update driver's license, health card, vehicle registration, immigration docs

PHASE 2: MOVING DAY ESSENTIALS



Wake Up Early

- ✔ Set multiple alarms, have a relaxed start

Review Checklists

- ✔ Verify completion of tasks

Pack Final Items

- ✔ Essential documents, medications, snacks
- ✔ Kids' and pets' essentials

Greet & Guide Movers

- ✔ Walkthrough, identify specialty items

Provide Assistance & Supervision

- ✔ Answer questions, stay accessible

Final Sweep

- ✔ Check rooms, remove trash, spot-clean



PHASE 3: ARRIVAL & UNPACKING

Oversee Unloading

- ✔ Guide movers, specify rooms for boxes/furniture

Tip Your Movers

- ✔ Optional gratitude gesture

Unpack Essentials First

- ✔ Relax, order takeout, enjoy your new space

Set Up & Settle In

- ✔ Start unpacking priority rooms
- ✔ Gradually decorate and arrange your new home
- ✔ Recycle or donate moving boxes



READY TO MOVE STRESS-FREE?

Contact Allied Van Lines today for your **FREE** detailed moving quote!

ALLIED
The Careful Movers