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Moving Checklist for Children

Moving with kids doesn't have to be stressful. Whether you're relocating locally or moving across the country, proper planning can help ease anxiety and keep routines intact. Use this moving checklist for children to ensure a smooth transition for the entire family.

Pre-Move Preparation

- ☑ Pack a labeled essentials box for each child
- ☑ Include prescriptions, important documents, and comfort items
- ☑ Set aside favorite toys, photos, and bedtime necessities

School Checklist

- ☑ Collect academic records
- ☑ Request immunization records from medical providers
- ☑ Identify the new school district
- ☑ Research and tour schools or daycares (if possible)

Medical Checklist

- ☑ Collect medical records (pediatric, dental, vision)
- ☑ Confirm immunizations are up to date
- ☑ Stock up on prescriptions
- ☑ Ask current providers for referrals

Social & Emotional Prep

- ☑ Host a goodbye party with friends
- ☑ Visit favorite places and take photos
- ☑ Research kid-friendly activities in the new city

Packing Checklist

- ☑ Sort toys: keep, donate, discard
- ☑ Pack a first-night essentials bag
- ☑ Identify priority items to unpack first
- ☑ Return library books

Post-Move Checklist

School

- ☑ Complete school registration
- ☑ Tour the new school

Medical

- ☑ Find a new pediatrician
- ☑ Ask for local recommendations

Social & Activities

- ☑ Visit parks and libraries
- ☑ Sign up for sports and activities
- ☑ Attend community events

Make the Transition Easier

Open communication and fun family outings help children adjust faster. Talk through concerns and explore your new city together.

Printable Moving Checklist

Download and print this children's moving checklist to stay organized and stress-free.

Are You Ready for Your Move?

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