



MOVING WITH CHILDREN

We know moving can be an overwhelming experience. Let Allied guide you step-by-step through a move with our series of Moving Checklists. Print our lists at home to track your moving progress.



Pre-Move

School

- Collect school records
- Name of new school _____
- Research new daycares (visit prior to move if possible)

Medical

- Contact pediatrician
- Stock up on prescriptions
- Collect records
 - Medical
 - Dental
 - Vision

Social / Activities

- Goodbye party for kids (take pictures for an album)
- Visit favorite places (take pictures for an album)
- Research new city for kids activities

Packing

- Go through toys: keep/donate
- Pack small travel bag
- Identify priority items to be unpacked first
- Return books, videos

Post Move

School

- Register & visit new school

Medical

- Visit new potential Pediatricians (before they get sick!)

Social / Activities

- Research local sports/activities
- Visit local parks & library to meet new friends
- Sign-up for local mom groups (including on social media)